



TRAIN LIKE A NINJA!

Girls will tackle challenges, solve problems, and work together to conquer ninja warrior challenges! They will spend time learning how to prep their bodies for extreme sports through healthy eating habits and yoga before creating their own ninja course and attire! Girls will leave with exciting take homes such as a yoga mat, personalized t-shirts and recipes for healthy snacks at home!

— **GRADES 6-8**

— **JUNE 11 - JUNE 13**

— **1:00 P.M. - 4:00 P.M.**

— **PRESCOTT ELEMENTARY**
Neighborhood Resource Center 1151 White Street in Dubuque

— **\$42 - DUBUQUE RESIDENT**
\$50 - NON DUBUQUE RESIDENT
Financial Assistance available through the Dubuque Leisure Services

Sign up online by visiting tinyurl.com/TrainLikeANinja.
Contact us at 800-798-0833 or email Info@GirlScoutsToday.org.

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DUBUQUE
LEISURE SERVICES

